



There is much more to an eating disorder than meets the eye.

By focusing on the severity of an issue that too often remains hidden, we're putting a new lens on eating disorders. Our innovation and success in treatment proves that recovery is possible.



EDCare 
www.eatingdisorder.care



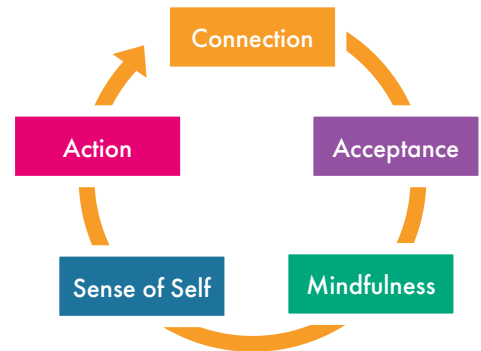


EDCare's evidence-based treatment approach is the most reliable and effective method of empowering individuals to overcome eating disorders. Our experienced, multi-disciplinary treatment team helps adult patients—of all genders—increase their mindfulness, health, and well-being.



CAMSA®
**A unique approach
built on empowerment:**

Connection, Acceptance, Mindfulness,
Sense of Self, and Action



Conditions we treat:

- Anorexia Nervosa
- Bulimia Nervosa
- Binge Eating Disorder
- Diabulimia
- Orthorexia
- Mood & Anxiety Disorders
- Athletes with Eating Disorders (ELITE Athlete Program)
- Eating Disorders & Substance Use Disorders
- Other Specific Eating Disorders (OSFED)



Empathy and compassion are the core of the work we do, which is why you can trust us to provide you with care that is centered on regaining hope and personal well-being.

Our team offers an extraordinary perspective on what patients are experiencing, and realize suffering extends beyond the patient in treatment to family and friends.

Our expert and caring treatment team supports and sustains patients in their long-term, successful recovery.



Offering 4 levels of care:

- 1 Partial Hospitalization (PHP)
- 2 Intensive Outpatient (IOP)
- 3 Evening Intensive Outpatient (EIOP)
- 4 Outpatient (OP)





Eating disorders are serious mental illnesses.

Finding the right program can be the difference between life and death.

Eating disorders are complicated and challenging illnesses that require highly trained, dedicated specialists. The clinical leadership team of EDCare offers more than 100 years of collective experience specific to treating eating disorders.

Quality care and patient safety are paramount at EDCare. Each one of our centers holds the *Joint Commission Seal of Approval*, a rigorous evaluation to ensure the highest quality and safest patient care possible. And, for more than 5 years, EDCare has met and exceeded our patients' expectations for services.

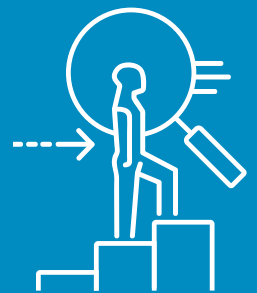
Built on compassion. Backed by science.

EDCare's clinical leadership, Scientific Advisory Board, and world-renowned researchers are working diligently to advance medical treatment specific to eating disorders. In addition to published research studies, our highly trained staff lends their expertise in the areas of eating disorders and their relationship with substance use, personality disorders, trauma, impulsive behavior, and a series of other mental health issues.

This new understanding paves the way to a developmental neuroscience perspective in ED research.

“Brain imaging provides a window into the living human brain and may help us understand mechanisms that cause eating disorders. We can work to improve treatment and make recovery more successful if we better understand how the brain works differently with eating disorders.”

– Guido Frank, MD, FAED
Scientific Advisory Board, EDCare



We won't pretend to know exactly how you feel, but we can assure you that we know exactly how to help.



EDCare is a safe, non-judgmental place for anyone confronting an eating disorder:

- We treat individuals 18 and older with evidence-based methods proven to help successfully engage patients in recovery and reduce the occurrence of relapse
- Our comprehensive treatment team includes board-certified psychiatrists, primary therapists, registered dietitians, family therapists, and milieu therapists
- Together, we address the root of eating disorder triggers, even in the most complex cases
- Within 48 hours of admission, patients are implementing evidence-based treatment plans designed to fit their unique needs



“The empowerment model and the opportunity to practice skills outside of the program are EDCare’s main strengths. I appreciated the philosophy of needing to take responsibility for my own treatment and to be motivated to make changes.”

– Jordan, EDCare Denver patient

**If you or someone you know is battling an eating disorder,
EDCare is here to help you:**

- Engage in recovery
- Reduce the occurrence of relapse
- Get to the root of the disorder's trigger
- Nourish long-term success

Recovery is just a phone call away:

EDCare Denver



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ADULT PROGRAM**



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ADOLESCENT PROGRAM



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Free, confidential assessments with highly trained clinicians.

EDCare 

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