

Kansas City

Through evidence-based treatment and quality care, we are creating lasting change.

EDCare is a safe and compassionate program dedicated to engaging, lasting eating disorder recovery. With a commitment to evidence-based care, our multidisciplinary team incorporates industry-standard therapies into each individualized treatment plan.

Levels of Care:

Adults (18 and over)

- Partial Hospitalization Program (PHP)
6 days per week/8 hours per day
- Transitional Intensive Outpatient Program-Day (TIOP)
Step down varies by individual treatment plan
- Evening Intensive Outpatient Program (EIOP)
4 days per week/4 hours per day

Our Program Includes:

- CBT-E
- DBT
- ACT
- Experiential therapy
- Art therapy
- Nutritional rehabilitation
- Psychiatry
- Process group therapy
- Exposure/meal therapy
- Medical on-site

And much more!

Treatment Approach:

Our empowerment-based treatment program focuses on building real-life skills necessary for lasting recovery.

- Meal outings
- Individual therapy
- Grocery shopping
- Food challenges
- Group therapy
- Cooking classes

Why Choose EDCare?

- Compassionate, professional care
- Gender inclusive
- Most insurances accepted
- Housing available

To learn more please call
(913) 945-1277 or visit our website
at www.eatingdisorder.care

Adolescents (13-17 years old)

- Partial Hospitalization Program (PHP)
5 days per week/7.5 hours per day
- Transitional Intensive Outpatient Program-Day (TIOP)
Step down varies by individual treatment plan

Our adolescent programs are located in a separate suite from our adult programs and utilize Emotion-Focused Family Therapy (EFFT).



EDCare | Kansas City

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